

Nutrition Facts

2 servings per container
Serving size
4oz (113g)

Calories

270 | **540**
per serving | per container

	per serving % Daily Value*		per container % Daily Value*			per serving % Daily Value*		per container % Daily Value*	
Total Fat	15g	19%	29g	37%	Total Carbohydrate	23g	8%	45g	16%
Saturated Fat	3.5g	18%	7g	35%	Dietary Fiber	1g	4%	2g	7%
Trans Fat	0g		0g		Total Sugars	8g		16g	
Cholesterol	40mg	13%	80mg	27%	Includes Added Sugars	0g	0%	0g	0%
Sodium	430mg	19%	870mg	38%	Protein	14g		28g	
Vitamin D	0mcg	0%	0mcg	0%	Iron	1mg	6%	2mg	10%
Calcium	12mg	0%	24mg	2%	Potassium	80mg	2%	161mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4