

Nutrition Facts

2 servings per container

Serving size 4oz (113g)

Amount per serving

Calories 270

% Daily Value*

Total Fat 15g 19%

Saturated Fat 3.5g 18%

Trans Fat 0g

Cholesterol 40mg 13%

Sodium 430mg 19%

Total Carbohydrate 23g 8%

Dietary Fiber 1g 4%

Total Sugars 8g

Includes 0g Added Sugars 0%

Protein 14g

Vitamin D 0mcg 0%

Calcium 12mg 0%

Iron 1mg 6%

Potassium 80mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4